Print out three times and cut out the three layers for the warrior. For the front and back layer use 6mm ply wood and cut out only the white area. For the middle layer use 12mm ply wood and cut out the white plus the gray area.

Place the magnet about here.

Gray areas only for middle layer.

These parts will go into the base. (~18mm deep)

These part will go into the shield. (~18mm deep)